

 <p><b>Connecticut Valley Hospital Nursing Policy and Procedure</b></p>	<p><b>SECTION C: PHYSIOLOGICAL ADAPTATION</b></p> <p><b>CHAPTER 10: PSYCHIATRIC INTERVENTIONS AND SPECIAL PROCEDURES</b></p> <p><b>Policy and Procedure: 10.6 Staff Debriefing Following a Seclusion or Restraint Episode</b></p>
<p>Authorization: Nursing Executive Committee</p>	<p>Date Effective: May 1, 2018 Scope: Connecticut Valley Hospital</p>

**Standard of Practice:**

The registered nurse will ensure the safety of both patients and staff during an episode of seclusion or restraint.

The registered nurse will conduct a debriefing session by the end of the shift following an episode of seclusion or restraint to review the process including what went well and areas for improvement. The debriefing may identify additional training needs for staff, equipment problems or needs, environmental concerns, etc. that should be referred to unit management.

**Standard of Care:**

The patient can expect that proper procedure and techniques will be used during seclusion or restraint.

The patient can expect that the least restrictive intervention including seclusion will be attempted prior to use of restraint and that the interventions will be reviewed at a debriefing following a seclusion or restraint episode.

**Purpose:**

A debriefing session is conducted after each episode of seclusion or restraint.

**Procedure:**

1. When an episode of seclusion or restraint has occurred, staff involved in the procedure participate in the debriefing.
2. As soon as possible following an episode of seclusion or restraint, a debriefing will be conducted under the auspices of the Nursing Supervisor/Charge Nurse using the debriefing form to guide discussion of the process.
3. Following the debriefing, the Nursing Supervisor/Charge Nurse signs and dates the form and submits it according to Division policy.

Addiction Services – Chief of Patient Care Services  
General Psychiatric – Chief of Patient Care

The Chief of Patient Care Services/designee will discuss significant issues with Division leadership.